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### **Thoracic And Lumbar Spine And**

The thoracic and lumbar spine connect at one of the more important locations in the body. The thoracolumbar junction is the place where the bottom thoracic vertebra (T12) meets the top lumbar

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vertebrae (L1). This is also the attachment point for many of the body's key muscles. My favorite muscle, the psoas, attaches on both of these points. The large back muscles the latissimus dorsi and trapezius have attachments on T12.

## **Where The Thoracic And Lumbar**

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The main difference between thoracic and lumbar vertebrae is that the body of the thoracic vertebrae is comparatively large whereas the body of the lumbar vertebrae is the largest body.

Furthermore, the spinous process of the thoracic vertebrae is long and fairly thick while it is short and blunt in lumbar



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**What is the Difference Between  
Thoracic and Lumbar ...**

Most spinal fractures occur in the thoracic (midback) and lumbar spine (lower back) or at the connection of the two (thoracolumbar junction). Treatment depends on the severity of the fracture

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and whether the patient has other associated injuries. Understanding how your spine works will help you to understand spinal fractures.

### **Fractures of the Thoracic and Lumbar Spine - OrthoInfo - AAOS**

Thoracic and lumbar spinal injury patterns can usually be explained by the

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application of one or two force vectors. These forces cause relatively consistent injury types that serve as the basis for the main classification schemes, which are described later.

## **Thoracic and Lumbar Spinal Injuries | Musculoskeletal Key**

The lowest or last ribs connect to T12,

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which is also the last bone in the thoracic spine. (The bone below T12 is L1, or your first lumbar — i.e. low back — vertebra.) Because the thoracic region is large, it is often divided into upper and lower areas for diagnosis and communication purposes. 5 What Causes the Pain

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**Mid-Back Thoracic Spine Pain  
Causes and Treatment**

Spinal stenosis can occur anywhere along the spinal axis, but most commonly affects lumbar (low back) and cervical (neck) regions. Stenosis of the thoracic spine is relatively rare. Spinal stenosis is generally a result of aging and degeneration and therefore most

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commonly presents in patients 60 years or older.

## **Differentiating Lumbar, Cervical, and Thoracic Spinal ...**

Objectives: To evaluate and compare nonoperative treatment methods for traumatic thoracic and lumbar compression fractures and burst

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fractures. Design: Prospective randomized controlled trial with long-term follow-up. Setting: Two general hospitals in the Netherlands.

Patients/participants: Patients with a traumatic thoracic or lumbar spine fracture, without neurologic damage, with less than ...

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**Nonoperative Treatment of Thoracic  
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The thoracic spine is the longest region of the spine, and by some measures it is also the most complex. Connecting with the cervical spine above and the lumbar spine below, the thoracic spine runs from the base of the neck down to the abdomen. It is the only spinal region



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attached to the rib cage.

### **Thoracic Spine Anatomy and Upper Back Pain**

No one wants or appreciates back pain. But, in the case of thoracic spine pain, it's fairly specific. Thoracic spine pain is upper and middle back pain, specifically in the region of the top 12 bones of the

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spinal column. Anything lower than that is considered lower back pain. Thoracic spine pain isn't as common as lower back pain for many ...

### **Thoracic Spine Pain: Causes, Symptoms, and Treatment**

A spine MRI makes a very detailed picture of your spine to help your doctor

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diagnose back and neck pain, tingling hands and feet, and other conditions. ...  
Mid-spinal (thoracic) pain (less common)

### **Thoracic MRI of the Spine: Purpose, Procedure, Results**

The thoracic spine is located in the mid-back. In this region, vertebrae are attached to the ribs, which is why

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symptoms such as loss of motion and difficulty rotating the torso may be experienced with thoracic spinal stenosis. This is why thoracic spinal stenosis is so different from cervical or lumbar spinal stenosis.

### **Thoracic Spinal Stenosis - Causes, Symptoms & Treatment ...**

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A high frequency of thoracic hyperkyphosis in the standing position was observed (58.3% in elite cyclists and 53.3% in master cyclists), whereas predominately neutral values were found in the lumbar spine (88.3% and 76.7% in elite and master cyclists, respectively).

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**Spinal posture of thoracic and  
lumbar spine and pelvic ...**

The first lumbar vertebra has a nonmobile costal process. The joint between the 11th and the 12th thoracic vertebrae is positioned frontally, similar to the other thoracic facet joints, whereas the T12-L1 joint is situated sagittally, similar to the lumbar facet

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joints. These locational characteristics apply in approximately 90 % of the cases.

## **6 Thoracic and Lumbar Spine | Musculoskeletal Key**

The microdiscectomy procedure is most effective in relieving lower back and leg pain caused by lumbar disc herniation,

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although it may be performed in the cervical and thoracic spine as well. A herniated disc is a common condition that occurs as a result of gradual wear and tear or an injury to the intervertebral discs, causing it to bulge and ...

## **Thoracic & Lumbar Spine - Tampa**



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**Bay, FL - NeuroSpine Center**

The spinal cord starts at the base of the brain, runs throughout the cervical and thoracic spine, and typically ends at the lower part of the thoracic spine. The spinal cord does not run through the lumbar spine (lower back).

## **Spinal Cord and Spinal Nerve Roots**

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Thoracic nerves. You have 12 pairs of thoracic nerves that are numbered T1 through T12. They originate in the part of your spine that makes up your torso. Lumbar nerves.

## **Dermatomes Diagram: Spinal Nerves and Locations**

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These regions are called the cervical spine, thoracic spine, lumbar spine, sacrum, and coccyx. There are seven cervical vertebrae, twelve thoracic vertebrae, and five lumbar vertebrae. The number of vertebrae in a region can vary but overall the number remains the same. The number of those in the cervical region, however, is only rarely

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**Vertebral column - Wikipedia**

Thoracic back pain is pain that occurs in the thoracic spine. The thoracic spine is located at the back of the chest (the thorax), mostly between the shoulder blades. It extends from the bottom of the neck to the start of the lumbar spine,

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roughly at the level of the waist. How  
common is thoracic spine pain?

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