

Claiming Your Self Esteem A Guide Out Of Codependency Addiction And Other Useless Habits

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Claiming Your Self Esteem A

Manic depression was given a new name. Now it's bipolar disorder. The ex-Czech Republic became Czechia. Low self-esteem should also be renamed. It is a clunky, antiquated, circuitous phrase that ...

Psychology Today

In fact, it's THE currency on the left, better than Bitcoin. The more you can claim for yourself the higher esteem you are held in among the intelligencia and elitists who seek to control the ...

The Lies Liberals Need to Tell Themselves

From your emotional state to what you got up to at the weekend, they can reveal a lot - or so foot readers claim. Lucy Holden dips her toe in weird ...

What are your feet trying to tell you?

Dear Prudence, My wife and I (we're both women) have been married for five years. Ever since we started dating, we both loved burning scented candles. It relieves stress and hel ...

An Online Group Is Convincing My Wife She's a Victim of My Candles

TikTok's inverted filter is causing people to obsess over how asymmetrical and "imperfect" their face is. Here's how it can be damaging for mental ...

TikTok's Inverted Filter Is Going Viral, but Is It Damaging Your Mental Health?

If words were to be sufficient to liberate a people, if rhetorics were to be adequate to salvage a nation's situational impasse as Nigeria appear to be entangled in presently, then there would not ...

Why Nigeria project is jinxed

Here are some common scams and tips to stay safe. 1. Non-Refundable Nonsense — In today's digital age, many people assume that they can get their money back when fraud occurs. Before making any ...

Protecting Ourselves from Common Scams

The billionaire hedge fund founder has a new assessment that provides comprehensive insights into your traits.

I took the personality test Ray Dalio helped design and uses at Bridgewater. The results were mortifying.

Research published today reveals the impact of lockdown on the nation's health, with UK adults claiming to have gained an average of almost 10 pounds since the arrival of Covid-19. But almost three ...

We put on an average of 10lbs in lockdown and drank more, research shows

The perils of social media have been well documented, from the erosion of our self-esteem to the manipulation of our minds. But what about its potential as a force for good?

Why Young Men Need Social Media, Now More than Ever

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Herpesyl Reviews (2021) Alarming Customer Scam Complaints!

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